Chapter 3 – Maintaining Moral Purity

Purity reflects devotion to Christ and your wife. The Biblical vision of marriage, fidelity loyalty, sexually and holiness while warning against pornography, adultery and lust.

Keeping one's sexual thoughts, desires and actions aligned with spiritual commands, specifically by reserving sex for marriage. Sex is a gift created by God to be shared exclusively between a man and a woman in a lifelong covenantal marriage relationship. **Purity** involves more than physical actions; it starts with our thoughts, private imagination and intentions of our heart.

Key Lessons

- **Purity** begins in the heart.
- Marriage reflects God's covenant relationship.
- Accountability is essential for victory over temptation.

Scripture

- Matthew 5:27–30
- Hebrews 13:4

Application

- Remove sources of temptation and replace with God's Word
- Pursue accountability
- Focus purity in your marriage and protect your thought life

Challenge/Goal:

<u>Action points/plan</u>

Good, honest, open communication with your wife and others
Avoid sexually stimulating situations
Right/clear Biblical thinking about purity and temptations
Accountability
Seek counseling